Menu - Week Three

	OPTION 1	OPTION 2 (Vegetarian)	DESSERTS
Monday	Steak Mince Pie	Veggie Pie	Strawberry Ice Cream
	With mashed potato, veg and gravy	With mashed potato, veg and gravy	Yoghurt
			Apple
Tuesday	Beef Burrito	Veggie Burrito	Muffin
	With Peas & Sweetcorn	With Peas & Sweetcorn	Yoghurt
			Melon Pot
Wednesday	Roast Chicken and Mash	Quorn Roast and Mash	Chocolate Brownie
	With veg and gravy	With veg, stuffing and gravy	Yoghurt
			Orange
Thursday	Chicken Tikka Masala With wholegrain rice and sweetcorn	Veggie Tikka Masala With wholegrain rice and sweetcorn	Jam Donut
	with wholegram fice and sweetcom	with wholegram fice and sweetcom	Yoghurt
			Banana
Friday	Chicken Strips and Chips	Veggie Hotdog	Waffle
	Or Fish and Chips With beans or peas and/or gravy	With chips beans or peas and/or gravy	Yoghurt
	The season of peas and, or gravy		Pineapple Pot

GRAB & GO OPTIONS Available Everyday

Pizzas:

Margarita Ham (Wednesday Special)

Paninis:

Cheese Only, Ham & Cheese, Ham Only, Cheese & Tuna or BBQ Chicken

Sandwiches or Wraps:

Cheese, Ham, Cheese & Ham, Chicken & Mayo or Tuna Mayo

The above will be served with wedges and side salad or cucumber sticks

Jacket Potatoes:

Cheese, Beans or Tuna Mayo

<u>You can choose 2 toppings</u>

The above will be served with a side
salad

Pasta:

Plain, Tomato Sauce or Cheese

You can choose 2 toppings

The above will be served with a side
salad