	Menu	ı - Week T	WO	GRAB & GO OPTIONS
		OPTION 2		Available Everyday
	OPTION 1	(Vegetarian)	DESSERTS	Pizzas: Margarita Ham (Wednesday Special)
Monday	Minced Beef Lasagne With garlic bread and peas	Veggie Lasagne With garlic bread and peas	Vanilla Ice Cream	Paninis:
			Yoghurt	Cheese Only, Ham & Cheese, Ham Only, Cheese & Tuna or BBQ Chicken
			Apple	Sandwiches or Wraps:
Tuesday	Cheeseburger With wedges and salad	Veggie Cheese Burger With wedges & salad	Muffin	Cheese, Ham, Cheese & Ham, Chicken
	with wedges and salad	With wedges & salad	Yoghurt	& Mayo or Tuna Mayo
			Melon Pot	The above will be served with wedges
Wednesday	Roast Pork and Mash	Quorn Roast and Mash	Double Chocolate Cookie	and side salad or cucumber sticks
	With peas and gravy	With peas and gravy	Yoghurt	Jacket Potatoes:
			Orange	Cheese, Beans or Tuna Mayo
Thursday	Cottage Pie With Veg and gravy	Veggie Cottage Pie With Veg and gravy	Jam Donut	<u>You can choose 2 toppings</u>
			Yoghurt	The above will be served with a side salad
			Banana	Pasta:
Friday	Chicken Strips and Chips	Cheese & Onion Pasty	Waffle	Plain, Tomato Sauce or Cheese
	Or Fish and Chips With beans or peas and/or gravy	With chips beans or peas and/or gravy	Yoghurt	You can choose 2 toppings The above will be served with a side
			Pineapple Pot	salad